



Instruction for **MY FIT** thermofitting



Do you suffer from pain at the ankles, hurting toes, burning soles, pressure points and insecurity during skating? Skates that just don't fit right lead to frustration rather than enjoyment. Unfortunately these type of problems occur far too often. More and more consumers are unsatisfied with fit, comfort and the general skating properties of their inline skates. In fact a boot that might often feel comfortable when in a store, could turn out to be painful and inadequate and eventually feel too big. For example excessive padding made from poor quality foams does not offer the skater the required support, and as a result one often sees skaters that cannot stand straight on their skates but bend their ankles outwards or inwards.,,

A high quality skate should fit tightly around the foot and it is not a bad thing if the padding, at first, feels a little hard. In fact, this secures the position of the foot inside the boot, gives support and increases comfort whilst skating. One should be aware of the fact that the materials used for padding tend to become softer during usage. Skates that are already soft and seemingly comfortable when tried on for the first time, will usually become ever softer, more difficult to control and in the end detrimental to your skating performance. On the contrary, skates with very tight fit and harder padding will remain stable and performing as time goes by.

The boot of an inline skate is the connection of the skater with his frame/wheels. If this connection does not function 100%, this has a real negative impact on the skating experience:

- insecurity
- high fatigue
- slow learning progress
- less fun

To keep you far from these kind of problems, we specialized ourselves in the full customization of inline skates.

The general skating performance, as well as the general fit and comfort of **POWERSLIDE *Vi*** skates, can be completely customized within just a few minutes.

MY FIT Thermo liner

We use a special heatmouldable foam for the production the **POWERSLIDE *Vi*** skates MY FIT liners. This is already mouldable at relatively low temperatures, of 70° - 80°C and can then be adjusted to the anatomics of the feet of the skater involved. In only a few moments a skate will be **MY** skate with **MY FIT**.

POWERSLIDE Vi

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How to choose the perfect skate:

1. Choice of the appropriate shell
there should be no contact points with ankle or the front part of the foot, and importantly, the correct length and width should be chosen.
2. Preparation of the foot for the heatmoulding of the MY FIT liner:
If needed add some foam materials to pressure sensitive points like ankle, tendon and front-foot



3. Pre- heat the oven at 70°-80°C, take the MY FIT liner out of the Powerslide Vi skates and put it in the centre of the oven - ATTENTION: make sure there is some distance between the liner and the oven walls.

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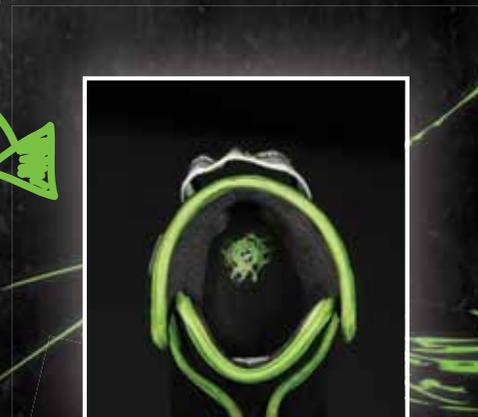
4. Leave the MY FIT liners inside the oven for 10-15 minutes and then remove them. In the picture you can see the liner after it was taken out of the oven.



5. Put the MY FIT liners back into the Vi skates, then put the skates back on and firmly close the skates by turning the Atop disc. We advise you to put a sock over the MY FIT liners, this will avoid any soft heat-mouldable material from leaking out

6. Take the skating position - knee straight above your toes - and maintain this position until the liner has completely cooled. We suggest you sit down during this process, as it will take several minutes.

7. The result: the perfect liner, that fits 100% to the anatomy of the foot. Note the distinct narrow shape of the liner, which perfectly wraps around the foot.



100% performance, 100% fit, 100% comfort, 100% fun.

POWERSLIDE *Vi*



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8. If desired, a full custom innersole can be produced through a vacuum process. This can even add ulterior heel lock and ankle comfort.



9. The heatmoulding process can be repeated as many times as desired.

10. Last and very important step is the adjustment of the frame to the needs of the skater.

